



ENGLISH

JULY: FOR A EUCHARISTIC LIFE

Francis

If you are the same at the end of Mass as you were at the beginning, something is wrong.

The Eucharist is the presence of Jesus, it is deeply transforming. Jesus comes and must transform you.

In the Eucharist, it is Christ who offers Himself, who gives himself for us. He invites us, so that our lives may be nourished by Him and may nourish the lives of our brothers and sisters.

The Eucharistic Celebration is an encounter with the Risen Jesus. At the same time, it is a way of opening ourselves to the world as He taught us.

Each time we participate in the Eucharist, Jesus comes and Jesus gives us the strength to love like He loved, because it gives us the courage to encounter others, to go out of ourselves, and to open ourselves to others with love.

Let us pray that Catholics place at the centre of their lives the Eucharistic Celebration, which transforms human relationships and opens up an encounter with God and their brothers and sisters.